

Welcome to the
CUPE ATLANTIC 2026 WEEKLONG SCHOOL

**SUNDAY, NOVEMBER 15
TO
FRIDAY, NOVEMBER 20**

WHITE POINT BEACH RESORT



**75 White Point Rd #2
Queen's County
Nova Scotia B0T 1G0**

Welcome to the CUPE ATLANTIC 2026 WEEKLONG SCHOOL

Who can attend?

The school is open to all CUPE members sponsored by their Local.

The Weeklong School provides a community atmosphere; where learning, relations and fun are combined. The objective is to give CUPE members the opportunity to develop specialized skills in programs that are both interesting and challenging.

Class size will be limited to approximately 25 participants per stream. Participants will be registered on a first-come, first-served basis. **Registration fees MUST be received by the registration deadline, as indicated on the registration form.**

In order to provide the best learning environment, the CUPE Education Rep reserves the right to cancel any course if the registrations are low, or transfer participants to other courses.

The Education Rep also reserves the right to limit the number of members any one Local may send to any workshop.

Register online (send a copy with your fee which **must be paid by Sept. 30th** to avoid cancellation of registration):

<https://cupe.ca/mrm-union-education/event/10678>

Dietary Restrictions

Please indicate on your registration form if you have any meal requests relating to food allergies, sensitivities, or religious needs.

Scent-Free

Facilitators and participants are asked to refrain from using scented products while attending our workshops and meetings.

Code of Conduct

All participants must follow the <https://cupe.ca/cupe-code-conduct> and promote a high standard of trade union behaviour. Mutual respect will create safe union spaces for everyone. If incidents of harassment cannot be addressed through discussion between those involved, the Education Rep may assist. Locals will be advised of any serious concerns. Members, staff, elected officers and guests must be mindful that all persons deserve dignity, equality and respect.

Ombudsperson

There will be an ombudsperson 'on call' at the school.

Ombudspersons attend CUPE events and try to resolve any complaints about behaviour that is inconsistent with CUPE's Equality statement or Code of Conduct.

The phone number to call to reach the Ombudsperson will be posted in several locations, including each classroom.

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Accommodations

A rooming list must be submitted to White Point Beach Resort on October 15th.

White Point Beach Resort does not guarantee room availability after this date, nor do they guarantee the group rate.

All accommodations are smoke-free.

Pets:

Anyone bringing a pet must stay in a “pet friendly” accommodation. There is a \$25 (plus HST) pet fee per accommodation, per stay. Please make note of this requirement on your registration.

Cost

Includes registration fee, room & the following:

breakfast & lunch Monday-Friday
dinner Sunday to Thursday
Tuesday night bonfire (weather permitting)
Thursday night banquet

\$2000 per person
based on **single occupancy**

\$1600 per person
based on **double occupancy**

Scholarships

CUPE Newfoundland & Labrador

Two scholarships in the amount of \$1500.00 are available for CUPE Newfoundland & Labrador members.

For information about these scholarships, such as deadline for application, and to apply please contact:

Sherry Hillier

President, CUPE NL & Labrador
sherryh@cupe.ca

CUPE Nova Scotia

The CUPE Nova Scotia Mike McNeil Weeklong School Scholarship is awarded by CUPE Nova Scotia annually. The Scholarship will cover the full cost for the purpose of attending the CUPE Atlantic Weeklong School.

For eligibility details and registration details, please visit the link below:

<https://acrobat.adobe.com/id/urn:aaid:s c:US:70b87b5a-2bde-431f-bcf5-ba9bad9a4e04>

For all other inquiries regarding this scholarship, please contact:

Nelson Scott

Awards Committee Chair
vicepresident@cupens.ca

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Come to CUPE's Fall Weeklong School and build the skills needed to create healthier, stronger workplaces. Choose one of three program streams designed to help us better support ourselves, our locals, and our worksites as we tackle the challenging issues we face together.

STREAM 1: The Year of Health and Safety: We will tackle the skills and knowledge required to provide proper health and safety advocacy, with a focus on preventing and addressing issues that affect both psychological and physical safety in the workplace and on the role of union advocates in that process.

Introduction to Health and Safety
Preventing Mental Health Injuries at Work
Making Committees Work
Basics of Incident Investigation
Violence Prevention
Workload and Overwork

STREAM 2: Representing Members: Everything you should know and need to know about representing members.

Introduction to Stewarding
Duty of Fair Representation
Representing members in front of Management
Grievance Handling
Ally Skills for Stewards
Challenging Racism
Understanding Mental Health
Handling Discipline and Discharge
What Stewards Need to know about Arbitration

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STREAM 3: Local Executive Training: As union activists, we often ask why some members are involved while others are not, and what we can do to change that. This stream brings together workshops from our **Local Executive Training**, **Steward Learning Series**, and **Anti-Racist CUPE** programs to explore member engagement, leadership, inclusion, and solidarity. Participants will build practical skills for using their elected positions to strengthen their locals, support the broader labour movement, and contribute to stronger, more connected communities.

LOCAL EXECUTIVE TRAINING:

**Leading as a Team,
Essentials for Inclusive Unions
How to Have Good Meetings**

STEWARD LEARNING SERIES:

**Mediating Member-to-Member Conflict
Duty of Fair Representation
Grievance Handling**

ANTI-RACIST CUPE:

ARC 101

**CUPE ATLANTIC 2026 WEEKLONG SCHOOL
REGISTRATION FORM**

WHITE POINT BEACH RESORT
75 White Point Rd #2, Queens Co., NS B0T 1G0
NOVEMBER 15th-20th, 2026

TO ACCOMPANY CHEQUE AFTER COMPLETING ONLINE REGISTRATION

<https://cupe.ca/mrm-union-education/event/10678>

LOCAL # _____ NAME: _____

ADDRESS: _____

TELEPHONE: _____ E-MAIL: _____

ACCESSIBILITY OR DIETARY ACCOMMODATION REQUEST:

Workshop enrollment is limited to 20-25 delegates per workshop, and registration will be on a first-come, first-served basis.

SELECT A WORKSHOP

Stream 1 – The Year of Health and Safety

Stream 2 – Representing Members

Stream 3 – Local Executive Training

ACCOMMODATIONS

Single Occupancy **\$2,000.00 per person**

Double Occupancy **\$1,600.00 per person**

Sharing a room with: _____

Sunday dinner Tuesday bonfire Thursday banquet Friday boxed lunch

The **Registration Fee must accompany this Registration Form** and the cheque (*posted-dated to October 2nd, 2026*) made payable to:

“Canadian Union of Public Employees” or “CUPE”

Mail the completed registration form and post-dated cheque by **SEPTEMBER 30th**, to:

Melissa Moses
CUPE Yarmouth Area Office
1-C Second Street, Yarmouth, NS B5A 1T4

2026 WEEKLONG SCHOOL AGENDA

SUNDAY, NOV. 15th

REGISTRATION	3:00 PM – 5:00 PM
DINNER	6:00 PM – 8:00 PM

MONDAY, NOV. 16TH – THURSDAY, NOV. 17TH

BREAKFAST	7:00 AM – 8:30 AM
WORKSHOPS	9:00 AM – 12:00 PM
LUNCH	12:00 PM – 1:30 PM
WORKSHOPS	1:30 PM – 4:30 PM
DINNER	6:00 PM – 8:00 PM

TUESDAY, NOV. 17TH

BONFIRE (WEATHER PERMITTING)
7:30 PM – 9:00 PM

THURSDAY, NOV. 19TH

BANQUET	6:30 PM – 9:00 PM
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FRIDAY, NOV. 20TH

BREAKFAST	7:00 AM – 8:30 AM
WORKSHOPS	9:00 AM – 12:00 PM
BOXED LUNCH TO GO	



DEADLINE:

REGISTRATION & FEES: **SEPTEMBER 30TH, 2026**

REFUND POLICY:

up to **FRIDAY, SEPTEMBER 30TH, 2026** - full refund

after **FRIDAY, SEPTEMBER 30TH, 2026** - no refund

Cheques for the Weeklong School Registration must be post-dated to October 2nd, made **PAYABLE TO CUPE** and sent to:

Melissa Moses
CUPE Yarmouth Area Office
1-C Second Street
Yarmouth, NS B5A 1T4

A template for a cheque form, enclosed in a red border. The form includes fields for "DATE", "PAY TO THE ORDER OF" (with "CUPE" pre-filled), a dollar sign and amount box, "DOLLARS", "FOR" (with "Workshop Registrations" pre-filled), and a MICR line at the bottom: "⑆ 1 24 28896 ⑆ 54 58984 34 ⑆ 3 266".

Thank you for your cooperation!